

JANUARY 2024

HUNTSVILLE SCHOOL



**TO HAVE
THIS READ
OUTLOUD**

GET OUTSIDE!

January's Wellness Theme is to "Get Outside". It's so important for everyone, especially kids, to get outside for fresh air and exercise, even in the chilly winter months. Time spent outdoors, especially when being physically active, has many great

health benefits:

- lowers stress
- increases Vitamin D
- encourages creativity
- improves physical health
- improves mental health

- it's FUN!



COLD WEATHER

Please make sure your child is dressed for the cold weather.

Winter coat, snow pants, boots, toque, mittens and scarf.



CONNECTION FRIDAY

Our next Connection Friday will be on **January 19th**. Parents are invited to the assembly starting at **12:40 pm**, then to stay for Cookies & Coffee afterward. **The Grade 2/3 class will be presenting at the assembly.**

DIPLIOMA EXAMS:

• **Wed. Jan 10:**

**English Language Arts
Part A - Written**

• **Tue. Jan 23:**

**English Language Arts
Part B**

SCHOOL COUNCIL MEETING

Thursday, January 25 at 6 pm.
All parents are welcome to attend.

www.huntsvilleschool.ca